

**Joint Committee of the Board of Health and Board of Education
Minutes - June 21, 2004**

Members Present: Susan Genovese; Scott Goodman; Sheila Elliott, Pharm.D; Julie Beales, M.D.

Members Absent: Hunter Gaunt, M.D.

DOE Staff Present: Catherine Digilio-Grimes, Maureen Hjar, Vanessa Wigand

VDH Staff Present: Carol Pollock, Kathleen Sergent, Jody Enoch, Lauri Savage

Others Present: Kathleen Grezsiek (American Heart Association), Chuck DuVal (representing soft drink industry), Jeff Smith (representing vending machine industry), Dick Pulley (Virginia School Boards Association)

Minutes of May 24th, 2004 meeting were revised to remove the third through twelfth bulleted points from the industry comments section of the minutes because the comments were recorded out of context.

The Joint Committee reviewed and discussed the June 17, 2004 draft Final Report prepared by staff. Based on the review and discussion, staff were instructed to revise the draft, in advance of the next meeting, as follows:

- ◆ Make a separate section for Physical Activity in Section 3) a.
- ◆ Edit the Fitness Report Card so that all data elements are in the same size font.
- ◆ Under Recommendations 2) 1 – Nutrition standards should be presented as a Policy Recommendation and should be removed from the State Guidelines section.
- ◆ Minimum nutrition content - Concerned that increasing the minimum nutrition content for one of eight essential nutrients would not address the problem of excess fat or sugar in foods sold within schools. Suggested that the Board adopt Virginia Action for Healthy Kids (VAFHK) Nutrition Standards, or an equivalent set of standards.
- ◆ Develop graphic summarizing nutrition guidelines from other states.
- ◆ Suggested that nutrition standards should become effective at the end of four years to give vendors time to have the product available and to provide an adequate time for schools to make necessary changes.
- ◆ Under Policy Recommendations c) – Include proposed Minimum Nutrition Standards as the first bullet. Change the current second bullet to: The nutrition standards shall be applied to all items available anywhere on school grounds from 6:00 A.M. until the end of the last instructional period.
- ◆ Include examples of foods that would comply with the proposed Nutrition Standards.
- ◆ Need to present this information to schools in a helpful format. Suggested using VAFHK Nutrition Standards or guidelines from other states.
- ◆ Concerned about turning off healthy vending machines during meal times.
- ◆ Add discussion regarding who will monitor whether or not schools are selling food items during protected times if these times are extended. Suggested including a monitoring role for the School Health Advisory Boards.

- ◆ Need to emphasize that federal regulations control the National School Breakfast and Lunch Programs.
- ◆ At some time in future, may want to review federal regulations for National School Breakfast and Lunch Programs and consider increasing State regulations for these programs.
- ◆ Obtain additional information about the relationship between the National School Breakfast and Lunch Programs and childhood obesity.

The next meeting is scheduled for July 19th at 1:00 p.m. at the James Monroe Building in Richmond.